
Unemployment Insurance Benefits

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Tennessee Unemployment Benefits During COVID-19

- Tennessee unemployment Insurance is a benefit program funded by Tennessee employers for workers who have lost their jobs by no fault of their own.
- You must apply for unemployment benefits and if you are approved, you will receive up to \$275 per week.
- You cannot receive more than 26 weeks of unemployment benefits in a year.
- The ready-and-available-to-work requirement is temporarily suspended for those under medically-ordered quarantine.
- The normal one-week waiting period is waived, and you will begin receiving unemployment benefits as soon as your application is approved.
- Eligibility guidelines could change as the Tennessee Department of Labor & Workforce Development works with the U.S. Department of Labor to implement the Families First Coronavirus Response Act in Tennessee.

Federal Unemployment Benefits During COVID-19

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- In addition to the Tennessee unemployment benefits, the CARES Act may make you eligible for an additional \$600 a week in federal unemployment benefits for up to 13 weeks.
- This extra benefit will last until July 31, 2020.
- You may still be eligible for the extra \$600 a week even if you don't meet regular earnings requirements for unemployment benefits in Tennessee.
- You will apply for the federal benefits through the Tennessee's Department of Labor

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How Do I Apply for Unemployment Benefits?

- You can file an application for unemployment benefits on <https://jobs4tn.gov>.
- You can file an application for unemployment benefits by downloading the Jobs4TN app and filing using the app.
- If you were part of a mass layoff, your employer may have filed an application for you. Check with the Tennessee Department of Labor to see if your application has already been received. If your application has already been received, you do not need to file another application.

Contact Legal Aid of East Tennessee if you need legal help

- Johnson City Office: (423) 928-8311
- Morristown Office: (423) 587-4850
- Knoxville Office: (865) 637-0484
- Maryville Office: (865) 981-1818
- Cleveland Office: (423) 303-2266
- Chattanooga Office: (423) 756-4013
- Family Justice Center, Blountville: (423) 574-7233
- Family Justice Center, Johnson City: (423) 722-3720
- Family Justice Center, Knoxville: (865) 215-6835
- Family Justice Center, Chattanooga: (423) 643-7604
- Erlanger, Chattanooga: (423) 778-7807
- Tennessee Senior Law Alliance: (866) 333-1505